# Nosson Solomon, Ph.D.

Supervising for over 30 years in psychoanalytic psychotherapy and family therapy. Fee for this program \$70 per individual session.

# NATHAN A. SOLOMON, PH.D.

# CURRICULUM VITAE

## Education

12/76	Ph.D. in Clinical Psychology, Long Island University
9/69 – 6/71	School Psychologist Program, Brooklyn College
6/69	B.A., Yeshiva University (Major in psychology, minor in sociology)
9/64 – 1/67	School of Architecture, University of Texas

## Experience

9/76 – Present	Private practice in clinical psychology: Individual, marital, and family therapy with children and adults, psychological and neuropsychological testing, clinical supervision.
4/83 – 8/96	Consulting Psychologist, Ohel Children's Home and Family Services: Treatment consultation, staff training, and neuropsychological testing.
8/79 – 8/86	Director, Boro Park Office, Madeline Borg Counseling Services, Jewish Board of Family and Children's Services: Clinical and administrative supervision, staff hiring.
9/79 – 1/80	Lecturer, New York University School of Continuing Education: Introductory Psychology.
11/78 – 6/79	Family Consultant, Hebrew Institute for Deaf and Exceptional Children: Multiple-family group therapy.
4/78 – 8/79	Director of Psychology/Director of Clinical Training, Children and Youth Service, Kingsborough Psychiatric Center: Treatment, psychological testing, clinical and administrative supervision, staff training and hiring.
9/75 – 4/78	Staff psychologist, Adult Inpatient Service, KIngsboro Psychiatric Center: Treatment, psychological testing, clinical supervision, staff training, research.
9/75 – 7/76	Psychotherapist, Hebrew Day School Counterforce Program.

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9/74 – 8/75	Psychology Intern, Jewish Board of Guardians, Madeline Borg Child Guidance
	Institute.

9/73 – 7/74	Psychology Trainee, Brooklyn Psychiatric Centers.
9/72 – 6/73	Psychology Extern, Roosevelt Hospital.
	Research Assistant, Long Island University.
Summer, 1972	Summer Intern, Roosevelt Hospital.

#### **Publications**

- Solomon, A. Eros-thanatos: A modification of Freudian instinct theory in the light of Torah teachings. *Tradition*, 1973, 14, No. 3, 90-102.
- Fudin, R., Garcia, M., and Solomon, N.A. Identification of Freudian instinct theory in the light of Torah teachings. *Tradition*, 1973, 14, No. 3, 90-102.
- Dunne, E., Kennedy, P., Silverstein, S., Solomon, N.A., Stone, S., and Zim, S. Becoming a group: New techniques for the treatment of chronic and regressed patients. Kingsborough Psychiatric Center, Brooklyn, N.Y., 1976 (45 minute video tape). (Reviewed in *Hospital and Community Psychiatry*, July, 1978.)
- Solomon, N.A. *Ha'adam L'Vado*: It is not good for man to be alone. *The Jewish Observer*, October, 1978, 10-12.
- Dunne, E. and Solomon, N.A. Keeping watch: Brief strategic therapy with a frequently hospitalized woman and her family. Kingsborough Psychiatric Center, Brooklyn, New York, 1979 (60 minute video tape). (Second Place Award, Mental Health Professional Category, International Rehabilitation Film Festival, New York, May, 1980.)

Solomon, N. Learning disabilities: A primer. The Jewish Observer, April, 2001, 32-35.

Solomon, N.A, A psychologist's view. In Ritalin: Four Views. Horizons, Winter, 2002, 104-105.

#### Presentations

- Dunne, E., Kennedy, P., Siverstein, S., Solomon, N.A., Stone, S. S. and Zim, S. New group techniques for treating chronic psychotics (workshop). Forum on Group Psychotherapy with Psychotics, Kingsborough Psychiatric Center, Brooklyn, April 9, 1976.
- Dunne, E. et al. New group techniques for treating the chronic, regressed psychotic (presentation). Department of Psychology, Kingsborough Psychiatric Center, Brooklyn, June 22, 1976.
- Dunne, E. et al. Presentation of new techniques for the treatment of chronic and regressed patients in a group. Graduate Psychiatric Nursing Program, Rutgers University, November 8, 1976.
- Dunne, E. et al. Videotape: Becoming a group: Techniques for the treatment of chronic and regressed patients. American Group Psychotherapy Association Thirty-Fourth Annual Conference, San Francisco, February 3, 1977.
- Dunne, E. et al. New techniques for treating chronic and regressed patients in a group (presentation). Department of Creative Arts, Bronx Psychiatric Center, Bronx, February 17, 1977.
- Dunne, E., Silverstein, S., Solomon, N.A., and Stone, S. We became a group: A follow-up to the multitherapist group project (presentation). Department of Psychology, Kingsborough Psychiatric Center, April 12, 1977.
- Dunne, E., Kennedy, P.,Silverstein, S., Stone, S., Solomon, N.A., and Zim, S. New techniques for treating chronic and regressed patients in a group. Workshop 28, American Orthopsychiatric Associaton 54<sup>th</sup> Annual Meeting, New York, April 15, 1977.
- Solomon, N.A. Psychological testing: Importance, methods, limits, and interpretation (lecture). Psychiatric Residency Program, Kingsborough Psychiaric Center, Brooklyn, August 19, 1977.
- Dunne, E., et al. Becoming a group: New techniques for treating chronic and regressed patients (videotape). International Dance Therapy Conference 1977/Twelfth Annual Conference, American Dance Therapy Association, Toronto, October 30, 1977.
- Solomon, N.A. Beating the system: Paradoxical instruction in a family treatment case (presentation). Department of Psychology, Kingsborough Psychiatric Center, Brooklyn, December 13, 1977.
- Dunne, E. and Solomon, N.A. Becoming a group: New Techniques for treating chronic and regressed patients (presentation). All-Staff Colloquium, Kingsborough Psychiatric Center, Brooklyn, January 4, 1978.

- Dunne, E., Silverstein, S., and Solomon, N.A. Becoming a group: New techniques for treating chronic, regressed patients (presentation). Department of Social Services, Creedmoor Psychiatric Center, Queens, January 9, 1978.
- Solomon, N.A. The problem of the Orthodox Jewish single and the flight from commitment (interview). The Jewish Home Show, WEVD-AM/FM, New York, March 15, 1978.
- Dunne, E., Silverstein, S., Solomon, N.A., and Stone, S. Becoming a group: New techniques for treating the chronic and regressed patient (presentation). South Richmond Service, South Beach Psychiatric Center, Staten Island, April 10, 1978.
- Dunne, E., Kennedy, P., Mackower, N., Price, J., Silverstein, S., Solomon, N.A., and Stone, S. Becoming a group: New techniques for the treatment of chronic and regressed patients (presentation). Creedmoor Psychology Institute, Creedmoor Psychiatric Center, Queens, May 17, 1978.
- Solomon, N.A. and Dunne, E. Family therapy and the Jewish family (interview). The Jewish Home Show, WEVD-AM/FM, New York, November 16, 1978.
- Solomon, N.A. Treatment for the adolescent (lecture). East New York Mental Health Clinic, Brooklyn, December 12, 1978.
- Solomon, N.A. Religious biases in the treatment of psychotic patients; Theoretical and clinical issues (presentation). Conference on Biases in the Treatment of the Psychotic Patient: Ethnic, Racial and Religious. Kingsborough Psychiatric Center, Brooklyn, January 18, 1979.
- Dunne, E., Flomenhaft, K., and Solomon, N.A. Techniques for treating the families of chronic schizophrenics (presentation). Department of Psychology, Kingsborough Psychiatric Center, Brooklyn, February 1, 1979.
- Solomon, N.A. and Parnes, H. Cultural patterns and family structure among American Orthodox Jews. Margaret Mead Memorial Lecture Series on Culture and Ethnicity, Kingsborough Psychiatric Center, Brooklyn, March 27, 1979.
- Dunne, E., Flomenhaft, and Solomon, N.A. Techniques for treating the families of chronic schizophrenics. Workshop 45, American Orthopsychiatric Association, 56<sup>th</sup> Annual Meeting, Washington, D.C., April 4, 1979.
- Solomon, N.A. Siblilngs: creating good family relations. Workshop II, Second Annual Spectrum Family Education Conference, Cleveland, October 28, 1979.
- Solomon, N.A. Preventive care and diagnostic services (recorder). Workshop A, Conference on Jewish Child Welfare, New York, December 23, 1979.

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- Solomon, N.A. Integration of dynamic and strategic techniques in the treatment of a family (presentation). Preventive Care Unit, Ohel Children's Home, Brooklyn, March 25, 1980.
- Solomon, N.A., Flomenhaft, K., Oram, K., and Weinreb, Z.J. Problems of institutional intervention with families: A systems/developmental approach. Workshop 34, American Orthopsychiatric Association 57<sup>th</sup> Annual Meeting, Toronto, April 11, 1980.
- Solomon, N.A. Behavioral management with special children (workshop). Parents of the Jewish Center of Special Education, Brooklyn, December 22, 1980.
- Solomon, N.A. Counseling needs of the Orthodox Jewish community (seminar). National Society for Hebrew Day Schools, Brooklyn, May 14, 1981.
- Solomon, N.A. The learning disabled child and his/her family (workshop series). Parents for Torah for All Children (PTACH), New York, November 1 and December 6, 1981; February 7 and 28, 1982.
- Solomon, N.A. Centrality of the family unit in Jewish life: Maintaining it in the '80's. Lecture Series in the Jewish Experience, Congregation Bet Tefilah, Matawan, New Jersey, November 23, 1981.
- Solomon, N.A. Parents of "unspoken groups": Learning disabled children (workshop). Institute of Jewish Family Life Education, Association of Jewish Family and Children Services, New York, May 17, 1982.
- Solomon, N.A. Mother-child interaction in context (presentation). Conference on the Pre-School Child, Jewish Board of Family and Children's Services, Brooklyn, February 20, 1985.
- Solomon, N.A. Teacher's role in guidance and therapy (seminar). Torah Umesorah National Conference on Emotional Development, Brooklyn, December 21, 1986.
- Solomon, N.A. Preparation for marriage: Problems, issues, and myths (public lecture). Association of Orthodox Jewish Scientists, Brooklyn, September 13, 1987.
- Solomon, N.A. Questions therapists ask Mental health practitioners discuss halachic dilemmas facing them (panel). Lincoln Square Synagogue Inreach Program: Religion on the Job Series, New York, January 6, 1988.
- Solomon, N.A. and Gutwein, A. From design to implementation of a diagnostic program for yeshivas (workshop). First National Conference on Jewish Children and Young Adults with Learning Disabilities, New York, March 14, 1988.
- Solomon, N.A, Self-esteem in the classroom (lecture). Yeshiva Ketana of Manhattan faculty, New York, February 12, 1990.

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- Solomon, N.A. Understanding and treating the trauma of placement (I) (in-service seminar). Ohel Children's Home and Family Services, Brooklyn, February 4, 1991.
- Solomon, N.A. Understanding and treating the trauma of placement (II) (in-service seminar). Ohel Children's Home and Family Services, Brooklyn, February 19, 1991.
- Solomon, N.A. Separation and loss and their effect on foster children (in-service seminar). Ohel Children's Home and Family Services, Brooklyn, June 9, 1991.
- Solomon, N.A. ADHD: What we know and what we can do (lecture). Jewish Association for Attention Deficit Disorder, Brooklyn, July 24, 1991.
- Solomon, N.A. ADD/ADHD: A Clinical overview survival strategies in the classroom (workshop). Jewish Association for Attention Deficit Disorder and United Lubavitcher Yeshivos, Brooklyn, October 29, 1991.
- Solomon, N.A. ADD/ADHD: A clinical overview survival strategies for the classroom (workshop). Jewish Association for Attention Deficit Disorder and Educational Institute. Oholei Torah, Brooklyn, January 21, 1992.
- Solomon, N.A. Bridging the gap between foster and natural parents (workshop). Ohel Children's Home and Family Services foster parents, Brooklyn, June 25, 1992.
- Solomon, N.A. Child abuse and neglect: Family dynamics, psychological ramifications, and crisis intervention (lecture). Boro Park/Flatbush Division, Hatzoloh Volunteer Ambulance Corps, Brooklyn, February 28, 1993
- Solomon, N.A. Social implications of attention deficit disorder (seminar). Torah Umesorah School of Jewish Education 1993, Brooklyn, August 2, 1993.
- Solomon, N.A. ADD: the social implications (lecture). New York City Board of Education, Staten Island Region/Jewish Association for Attention Deficit Disorder, Staten Island, March 9, 1994.
- Solomon, N.A. Social ramifications of ADD in and out of school (lecture). NYC Public Schools Clinical Services Division, Brooklyn High Schools, April 27, 1995.
- Solomon, N.A. Social ramifications of ADD (lecture). Prospect Park Yeshiva Early Childhood Center, Brooklyn, May 17, 1995.
- Solomon, N.A. Social ramifications of ADD Lecture). Yeshiva Shaare Torah, Elementary Division, Brooklyn, May 17, 1995.
- Solomon, N.A. A Developmental approach to classroom management of the learning disabled adolescent (workshop). Jewish Center for Special Education, Brooklyn, Septemebr 5, 1995.

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- Solomon, N.A. (Chair). Mental health service delivery to the Torah community: Public and private sectors (panel). Fist Annual NEFESH Conference on Orthodox Judaism and Mental Health, Miami Beach, December 7, 1995.
- Solomon, N.A. Presidential address: NEFESH in context. Second Annual NEFESH Conference on Orthodox Judaism and Mental Health, Miami Beach, December 19, 1996.
- Solomon, N.A. (Chair and Overview). Homosexuality and psychological science (panel). Second Annual NEFESH Conference on Orthodox Judaism and Mental Health, Miami Beach, December 20, 1996.
- Solomon, N.A. The Orthodox Jewish community's response to the challenge and crisis of the Orthodox Jewish family (panel). New York Region/Orthodox Union 17<sup>th</sup> Annual Torah Retreat, Spring Glen, NY, May 25, 1997.
- Solomon, N.A. Successful social skills for the summer months (lecture). Jewish Association for Attention Deficit Disorder, Brooklyn, June 16, 1997.
- Weinberg, C.A. & Solomon, N.A. Parenting and educating the child who needs more (workshop). Seventy-eighth National Convention of Agudath Israel of America, Somerset, N.J., November 23, 2000.
- Mandel, D. & Solomon, N. The role of the *shliach* as a mental health practitioner (seminar). Chabad Lubavitch International Conference of Shluchim, Brooklyn, November 8, 2001.
- Klein, H., Biberfeld, A., Fiedman, M. & Solomon, N. Who, me? Countertransference phemomena in the therapeutic process. (Roundtable) Fifth NEFESH International Conference on Orthodox Judaism and Mental Health, Baltimore, December 21, 2001.
- Klein, H. & Solomon, N. Psychoanalytic case consultation. Sixth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Norfolk, December 19-20, 2002.
- Zakheim, F. & Solomon, N. *Shana rishona* they said it would be perfect, but... (seminar). Orthodox Union National Conference, Rye, NY, December 26, 2002.
- Solomon, N. Parenting (Interview), Eye on the Family, WFMU FM, New York, February 27, 2003.
- Solomon, N. *Emunah* and therapeutic parameters. NEFESH International North American Retreat, Stamford, CT, November 22, 2003.
- Solomon, N. Families in crisis (symposium chair). Eighty-first National Convention, Agudath Israel of America, Stamford, CT, November 30, 2003.
- Solomon, N. *Hispa'lus/HIsbonenus*. Presidential Address, Eighth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Baltimore, December 30, 2004.

- Klein, H. and Solomon, N. Psychoanalytic case consultation. Eighth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Baltimore, December 30, 2004.
- Biberfeld, A. and Solomon, N. Two therapy models for OCD and phobias (seminar). Eighth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Baltimore, December 31, 2004.
- Solomon, N. *Yachad*. Presidential Address, Ninth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Baltimore, February 9, 2006.
- Biberfeld, A. and Solomon, N. ADHD and the Development of the Self (seminar). Ninth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Baltimore, February 12, 2006.
- Solomon, N. Homosexuality: Facts and fictions (lecture. Modern Medicine and Jewish Law 2006 (Association of Orthodox Jewish Scientists and NEFESH International), Woodmere, NY, February 19, 2006.
- Solomon, N. What is making finding a mate so difficult? (panel). Understanding Shadchonus in our Community (Nefesh Chicago), Chicago, December 10, 2006.
- Worenklein, A. and Solomon, N. Little-talked-about issues in starting a practice (workshop). Tenth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, Lawrence, NY, December 24, 2006.
- Solomon, N. Referral protocols and the therapeutic process. Brooklyn Youth Council, April 24, 2007.
- Solomon, N.A. Collaboration and cooperation: A positive partnership. Keynote address, Community Forum, CHADD, ADAPT, and NEFESH International, Brooklyn, September 21, 2008.
- Solomon, N.A. Before and after the Get. Agudath Israel of America, New York, September 9, 2009.
- Solomon, N.A. Mental health services to at-risk youth in the Orthodox Jewish community. Lecture to Ashalim of Israel, UJA/Federation of New York, December 6, 2010.
- Solomon, N. (Chair) Roundtable on ethical issues in psychotherapy. Fifteenth Annual NEFESH International Conference on Orthodox Judaism and Mental Health, December 1, 2011.

### Memberships

New York State Psychological Association

Children and Adults with Attention Deficit Disorder (CHADD) 8

NEFESH International: The International Network of Orthodox Mental Health Professionals

National Association for Research and Therapy of Homosexuality (NARTH)

Task Force on Children and Families at Risk in the Orthodox Jewish Community

**Brooklyn Youth Council** 

### **Positions Held**

Association of Orthodox Jewish Scientists, Behavioral Science/Mental Health Section Treasurer (1979-1980) Chairman, Task Force on Community Service (1979-1980)

Council of Jewish Organizations of Boro Park

Human Services Task Force (1983-1986)

Board of Directors, Private Sector Resource Center (1984-1985)

**NEFESH** International

President (1995-97, 2005 – 2009)

Executive Board (1997-present)

Program Chair, 1999 International Conference

Chair, Northeastern USA Region (2001-2002)

## References

Available upon request.