

I did the majority of my undergraduate work in England. I did my graduate studies here in the Midwest at the University of Notre Dame. I completed the (Clinical) Counseling Psychology Masters program at Notre Dame (1982) and then I moved to New York. Two years after I got married, my husband and I came back to South Bend Indiana (1987). While in New York I worked at Bais Ezra, Counterforce and taught Child Development at Sarah Schenirer Seminary and BYA 12th. grade. I also saw clients part time at Counterforce and volunteered with the Yitty Leibel help line

Back in South Bend I first started my Mental Health consulting firm "Wax Consulting"; then my husband Alan Wax, Ph.D. and I started South Bend Mental Health Associates. My business partner and I also started another practice "Lincoln Therapeutic Partnership" (LTP) which works in tandem with South Bend Mental Health. LTP consists of 24 therapists working from 3 different offices in 3 different cities in Indiana, as well as a consulting office in Michigan.

I have been practicing Trauma treatment for over 30 years. We have contracts with our Child Protection Services, Adult and Juvenile Probation Departments and Probate courts. I run parenting workshops for parents of children with trauma history. I have trained DCS caseworkers and CASA volunteers. I am called in as the expert witness in Domestic Violence cases in our local courts. I do primarily Trauma Focused Training which is based on modalities such as EMDR, Neuro-Linguistic Programming based on the new brain research. I also take cases with general depression, anxiety etc. Over the last 30 years I have also worked extensively with sex abuse victims, offenders and non-abusing family members in individual and group settings. I have been trained in Play Therapy, though in the last several years my focus has been primarily adults and adolescents. My clientele is primarily non-Jews, though I see the bochrin in the local yeshiva when the need arises. As Marriage and Family Therapists I also do couples counseling work. I am one of the founding members of our local Child Advocacy Center and am a member of its board.

I truly enjoy my interns. I believe that training therapists is one of the ways I give back to my profession and my community

I also have a family and close friends living in NY where I visit regularly. I would like to combine these visits with some professional endeavors. I would like to set up my supervision with therapists in NY area and meet with them in person when I come in to NY. I hope you find the above information useful. If you have any other questions, please do not hesitate to contact me at 574-255-4976.