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EDUCATION

1977 BA QUEENS COLLEGE

1980 MSW NEW YORK UNIVERSITY SCHOOL OF SOCIAL
WORK

POST GRADUATE TRAINING

1995-1999 ACKERMAN INSTITUTE FOR FAMILY THERAPY

2000-2002 AMERICAN INSTITUTE FOR COGNITIVE THERAPY

2012 GOTTMAN TRAINING SEMINARS

2016 EMOTIONALLY FOCUSED THERAPY TRAINING

EMPLOYMENT HISTORY

1984-PRESENT

PRIVATE PRACTICE

* Provide psychodynamic and cognitive behavioral therapy to adolescents and adults.

*Pre-marital and marital therapy.

*Coach families and children with ADHD on organizational and executive functioning skills.

2010-Present

CLINICAL SUPERVISOR

Provide clinical supervision to professionals individually and in group.

PAST EMPLOYMENT HISTORY

1980-1986

NORTH CENTRAL BRONX HOSPITAL-INPATIENT AND OUT PATIENT PSYCHIATRIC UNIT

- *Worked with the families of all patients on the unit.
- *Led bi-weekly in- patient therapy groups.
- *Presented cases at weekly case conference.
- *Worked in conjunction with the treatment team in the evaluation, treatment and discharge planning for each patient.
- *Engaged individuals and families in outpatient therapy.

1982-1986

ALBERT EINSTEIN COLLEGE OF MEDICINE-

- *Instructor of **Psychiatry for the Physician** for first year medical students.
- *Rounded with students on medical floors to demonstrate interview skills and sensitivity to patient stressors.

1986-1989

NORTHSHORE UNIVERSITY HOSPITAL-IN PATIENT EATING DISORDER UNIT.

- *Participated in the clinical assessment and treatment of patients.
- *Led bi-weekly groups with families.
- *Followed patients after discharge for year long aftercare research study.

1989-1993

CORONA ELMHURST GUIDANCE CENTER.

- *Chief Psychiatric Social Worker responsible for supervision of clinical staff.
- * Implemented educational groups for parents of day hospital patients. *
- *Carried out all administrative tasks as required by the agency and state.
- *Coordinated comprehensive services for clients in the community.

1995-2000

PSYCHIATRIC AND ADDICTIONS REHABILITATION SERVICES

- *Responsible for supervision of clinical staff.
- *Implemented social work student program.
- *Developed psychoeducational program for families of clients.
- *Worked with interdisciplinary team in treatment and planning for clients.

2007-2012

AFIKIM FOUNDATION

Co-authored and facilitated curriculum for Yeshiva middle schools encompassing:

- *stress management
- *time management
- *eating disorders
- *bullying

LEADERSHIP POSITIONS:

YESHIVA HAR TORAH

- *Participated in the founding and development of Yeshiva Har Torah.
- *Served as Chairperson of the General Studies Committee, 1996-2000
- *Served as Chairperson of the Board of Directors, 2000-2005

DRS HIGH SCHOOL

- *Served on the Parent Board of Directors, 2005-2008

RABBINICAL COUNSEL OF AMERICA

- *Worked with rabbis, psychologists and lay leadership as clinical consultant, 2010.

PROFESSIONAL AFFILIATIONS

Nefesh

Psychology Today

