

# Yetta Zelikovitz LCSW

136-08 Cronston Avenue, Belle Harbor, NY 11694

718-474-2793

famzeli2@aol.com

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<b>Objective</b>	To obtain a position as a supervisor of marital and family therapists
<b>Degrees/ Certifications</b>	<p><b>Licensed Clinical Social Worker (LCSW), State of New York (September 2004)</b></p> <p><b>Clinical Member of American Association for Marriage and Family Therapy (1995 - present)</b></p> <p><b>Certification as Qualified Clinical Social Worker (September 1991)</b> <i>National Association of Social Workers</i></p> <p><b>Board Certified Diplomate in Clinical Social Work (July 1989)</b> <i>American Board of Examiners in Clinical Social Work</i></p> <p><b>Post Graduate Certificate in Marital and Family Therapy (May 1989)</b> <i>Hunter School of Social Work</i></p> <p><b>Certified Social Worker (CSW), State of New York (May 1983)</b> <i>University of the State of New York</i> <i>License #: R029656</i></p> <p><b>Masters of Social Work (May 1982)</b> <i>Adelphi University</i></p> <p><b>Masters of Science and Education in Guidance and Counseling (June 1975)</b> <i>Long Island University</i></p>
<b>Experience</b>	<p><b>Private Practice (1986 - present)</b> <i>Belle Harbor, NY</i> Individual, marital and family therapist Specializing the last 20 years in couples therapy and relationship issues</p> <p><b>Coordinator and Course Instructor (1990-1991)</b> <i>Bnos Leah Teachers Seminary, Brooklyn, NY</i> "Jewish Family Living"</p>

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## **Individual, Marital, and Family Therapist (1986-1991)**

*Counterforce Agency*

## **School Social Worker (1984-1987)**

*HANC High School, Long Island, NY*  
*Counterforce Agency*

## **Coordinator and Course Instructor (1977-1978)**

*Bais Yaakov Teachers' Night Seminary, Brooklyn, NY*  
"Rudolph Dreikurs' Approach in Educating Children at Home and in the Classroom"

## **Teacher (1960-1978)**

Limudei Kodesh  
Ages Pre-K – Junior high school  
Bais Yaakovs, Day Schools, Talmud Torahs  
Brooklyn, Lakewood, Long Island

## **References**

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|--|--------------|
| Moshe Wangrofsky LCSW<br><i>Clinical director of Counterforce Agency</i> | 718-375-0909 |
| Dr. Ruchama Fund<br><i>Colleague in peer supervision</i>                 | 718-252-3440 |
| Sterna Lerman LCSW<br><i>Colleague in peer supervision</i>               | 718-338-7184 |

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## Professional Experience and Skills:

- 30 years of experience as a psychotherapist for individuals, couples, children, and families, both in Counterforce Agency and in private practice.
- Experience in crisis intervention, play therapy, brief therapy and long-term therapy with people of all ages.
- Skills in dealing with interpersonal difficulties, intrapsychic conflict, intergenerational problems, parenting stalemates, conflict resolution, life transitions, anxiety, and depression; using the wider lens of systems theory as well as psychodynamic and attachment theory. I guide my clients to use their spiritual and emotional selves, to be compassionate with themselves and others, and to grow into the person each wants to become.
- My 16 years of teaching children and three years of teaching college-age students, as well as my years of counselling high school students and their parents, teachers, and school staff gave me the skills to understand children and adolescents, and to guide people beset with problems involving their children and students. My training and experience as a family therapist, plus many years of nursery school teaching and doing play therapy with younger children complemented these skills.
- Many years of attending excellent Nefesh conferences, Ohel workshops, other trainings including EMDR and hypnosis, continuing education in the newest advances in: couples therapy, family therapy, addiction treatment, anger management, brain studies, DBT skills, mood disorders, attachment disorders and emotion focused therapy—aside from constantly reading and listening to master therapists on tape, and learning and reading Torah material that applies to the above, which keep me informed and in a state of continuously learning and enhancing my understanding and my skills in the field.
- Years of being supervised at Counterforce Agency, and later paying for my own private supervision. During the past 13 years, I have been part of an excellent 5 member peer supervision group of highly trained and experienced clinicians. During the last 5 years, I have also been the supervisor of a wonderful children's and couples' therapist. This has all given me the tools to be a supervisor that can, with Hashem's Will, help others to enhance their experience of being a family and couples, systems and psychodynamic theories-oriented therapist.

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## **Therapeutic Orientation and Fee Schedule:**

I use a mix of systems theory, attachment theory, and logotherapy. My techniques are solution oriented, exploratory, strategic, goal directed, and emotionally and relationally focused.

My fees are:

\$85 for a 45 minute session with an individual

\$35 each for an hour of group supervision for a group of three

I will begin supervising new supervisees in September '14.